

# The Buddhist Society of Western Australia

Dhammaloka Centre: 18-20 Nanson Way, Nollamara WA 6061  
Tel: 08 9345 1711 Fax: 08 9344 4220 www.bswa.org

# Monthly Calendar of Events and Activities

Armada Meditation Group: Community Health Building, Armadale Hospital  
Tel: 9390 7137

## May 2008

All activities are held at Dhammaloka Centre unless otherwise stated.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
			10:00am-3:00pm <i>Open Day</i>	<p><b>Bookings open for 30 May – 1 June weekend retreat led by Ajahn Vayama</b></p> <p>7:00pm-7:20pm Chanting</p> <p>7:30pm-8:00pm Guided meditation</p> <p><b>8:00pm-9:00pm Dhamma talk by Ajahn Brahm</b></p>	<p><b>Acts of Kindness Day dedicated to Buddhist Day of Celebration</b></p> <p>10:30am Offering of food to the Sangha</p> <p>3:00pm-4:15pm Beginner's Meditation 1</p> <p>3:00pm-4:15pm <b>Guided Peace Meditation by Ajahn Brahm</b> <b>All welcome</b></p>	<p>8:30am-10:30am Unguided meditation</p> <p>10:30am Offering of food to the Sangha - <b>dedicated to Wuneeatd</b></p>
<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
<p>10:30am-3:00pm <i>Open Day</i></p> <p><b>2:00pm-3:00pm Guided meditation for members of the Chronic Fatigue Syndrome Society and open to all who are interested</b></p>	<p><b>ARMADALE MEDITATION GROUP</b></p> <p>7:00pm-7:30pm Introductory talk to meditation</p> <p>7:30pm-8:00pm Guided meditation</p> <p>8:00pm-9:00pm Question and answers and talk on Buddhism</p>		<p>10:00am-3:00pm <i>Open Day</i></p>	<p>7:00pm-7:20pm Chanting</p> <p>7:30pm-8:00pm Guided meditation</p> <p><b>8:00pm-9:00pm Dhamma talk by Ajahn Brahm</b></p>	<p>10:30am Offering of food to the Sangha</p> <p>3:00pm-4:15pm Beginner's Meditation 2</p> <p>3:00pm-4:15pm Guided meditation for experienced meditators</p>	<p>8:30am-10:30am Unguided meditation</p> <p>10:30am Offering of food to the Sangha</p> <p>3:00pm-4:15pm Sutta study class</p> <p>3:00pm-4:30pm Children's Dhamma School</p>

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
10:30am-3:00pm <i>Open Day</i>  <b>2:00pm-3:00pm</b> <b>Guided meditation for members of the Chronic Fatigue Syndrome Society and open to all who are interested</b>	<b>ARMADALE CENTRE</b> 7:00pm-7:30pm Introductory talk to meditation  7:30pm-8:00pm Guided meditation  8:00pm-8:30pm Question and answer		10:00am-3:00pm  <i>Open Day</i>	7:00pm-7:20pm Chanting  7:30pm-8:00pm Guided meditation  <b>8:00pm-9:00pm</b> <b>Dhamma talk by Ven Cittapalo</b>	10:30am Offering of food to the Sangha  3:00pm-4:15pm Beginners Meditation 3  3:00pm-4:15pm Guided meditation for experienced meditators	<b>Vesak Celebration - Ajahn Brahm and Ajahn Vayama</b>  10:00am Taking of 5 and 8 precepts, chanting 10:30am Offering of Dana and blessing from Sangha, 11.30am sharing of meal 3:00 pm Ceremony for new Buddhist 3:30pm 1 hour Question & answer session with the Sangha 5:30pm concert by Dhamma School students 6:00pm Flower Puja, and Dhamma talk 7:00pm Candlelit circumambulation in the park 8:00pm Finish.
<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
<b>* Full Moon Day Vesak Retreat - Ajahn Vayama</b>  9:00am Take 3 refuges and 8 precepts in meditation hall, meditation instruction and Dhamma talk 10:30am - Offering of Sangha Dana, shared lunch 1:00pm – Instruction, Dhamma talk, sitting and walking meditation 4:00pm - Buddha Puja and sharing of merits. 4.30pm - Finish	<b>ARMADALE CENTRE</b> 7:00pm-7:30pm Introductory talk to meditation  7:30pm-8:00pm Guided meditation  8:00pm-8:30pm Question and answer		10:00am-3:00pm  <i>Open Day</i>	7:00pm-7:20pm Chanting  7:30pm-8:00pm Guided meditation  <b>8:00pm-9:00pm</b> <b>Dhamma talk by Ajahn Vayama</b>	10:30am Offering of food to the Sangha  3:00pm-4:15pm Beginners meditation 4  3:00pm-4:15pm Guided meditation for experienced meditators	8:30am-10:30am Unguided meditation  10:30am Offering of food to the Sangha  3:00pm-4:15pm Sutta study class  3:00pm-4:30pm Children's Dhamma School

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>	
10:30am-3:00pm <i>Open Day</i>  <b>2:00pm-3:00pm</b> <b>Guided meditation for members of the Chronic Fatigue Syndrome Society and open to all who are interested</b>	<b>ARMADALE CENTRE</b>  7:00pm-7:30pm Introductory talk to meditation  7:30pm-8:00pm Guided meditation  8:00pm-8:30pm Question and answer		10:00am-3:00pm  <i>Open Day</i>	<b>5.30 Weekend Meditation Retreat at St Joseph's Retreat House Safety Bay led by Ajahn Vayama</b>  7:00pm-7:20pm Chanting  7:30pm-8:00pm Guided meditation  <b>8:00pm-9:00pm</b> <b>Dhamma talk by Ajahn Brahm</b>	<b>Weekend Retreat led by Ajahn Vayama continues</b>  10:30am Offering of food to the Sangha  <b>No beginners meditation on 5<sup>th</sup> Saturday of month</b>  3:00pm-4:15pm Guided meditation for experienced meditators	<b>3.30PM Weekend Retreat led by Ajahn Vayama concludes</b>

**\* Note – On full moon day, 19 May guided meditation for Chronic fatigue Syndrome Society will be held as usual at 2:00-3:00pm. However, there will be no Open Day guided tour of the Dhammaloka Centre.**

*“Love and hate are both suffering, because of desire. Wanting is suffering; wanting not to have is suffering. Even if you get what you want, it’s still suffering because once you have got it, you then live in the fear of losing it. How are you going to live happily with fear?”.*

*FROM ‘NO AJAHN CHAH - Reflection’*